Cleaning & Disinfecting of Households

Community should practice routine cleaning and disinfecting of common touched surfaces. (Tables, doorknobs, light switches, handles, desks, toilets, faucets and sinks.)

**Cleaning**
is the removal of dirt and germs from surfaces.

**Disinfecting**
is using chemicals to kill germs on surfaces.

Diluted bleach can be used as a household disinfectant:
- 1 gallon water—5 tablespoons bleach
- 1 quart water—4 teaspoons bleach

Other Preventive Measures
- Wash hands often
- Avoid contact with people who are sick
- Avoid touching eyes, nose, or mouth with unwashed hands

Any questions contact WMAT Division of Health, Health Education at 928-338-4955/4953